



# MONTHLY NEWSLETTER

MARCH



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## Three International Patients Opted For Bariatric Surgery At RG EOK Within 45 days

A US based NRI patient presented to RG EOK with complaints of morbid obesity ~BMI- 49kg/m<sup>2</sup>, associated with obstructive sleep apnea.

Our Surgical team lead by Dr. Rajat Geol and Dr. Sandeep Yadu, planned for laparoscopic sleeve gastrectomy under GA.

Intraoperatively a large stomach fundus was seen along with a bulky liver. Gastrolysis was done 4cm from the pylorus to the angle of his and resected stomach was removed from the umbilical port.

Postoperatively the patient responded well to the surgery, and was discharged within 48 hours in a stable and satisfactory condition.



## Partial Penectomy And B/L Lymphadenectomy For Carcinoma Of The Penis

A 70 year old male presented to RG East Of Kailash with complaints of swelling at the tip of penis with dysuria. On examination swelling on the anterior aspect of penis and 3x4cm lymph node enlargement in the inguinal region.

After further investigations ,PET CECT revealed cancer penis with bilateral inguinal lymphadenopathy.

Our surgical team of doctors in which Dr. Manish Singla, Dr. Abhinav Veerwal and Dr. Sandeep Yadu planned for Partial Penectomy + B/L Superficial + Deep Inguinal Lymphadenectomy + Lap Pelvic Lymphadenectomy under GA.

Intraoperatively partial penectomy and urethral reconstruction was done. B/L inguinal excision given, superficial and deep inguinal lymph nodes removed from both sides, laproscopically right and left obturator and iliac lymph nodes removed.

Penile tissue sent for biopsy.

The patient responded well to the treatment and was discharged in a stable condition.



## Midnight Emergency Laparotomy For Blunt Abdominal Trauma

A 36 year old male presented to RG Goa after a RTA fall from bike and with complaints of severe abdominal pain, left sided chest pain, difficulty breathing and multiple abrasions on his right forearm, left shoulder and left knee.

He was admitted at GMC for further treatment after which CECT was done and was suggestive of AAST Grade IV Splenic Injury with Hemoperitoneum + B/L Minimal Hemothorax.

The patient decided to seek further treatment at RG Goa and presented to the emergency department.

Our Team of doctors in which Dr. Vardhan Bhoje and Hemchandra Manekar immediately took the patient up for surgery at midnight and performed Emergency laparotomy with Splenectomy with Lavage under GA.

Intraoperatively large splenic superior lobar laceration on the lateral aspect around 6-8cms with large peri splenic hematoma over it. Approx ~ 1 litre hemoperitoneum within the abdominal cavity.

Patient was observed in the HDU for 24 hours. He was in a stable condition and was discharged after full recovery.





## RE-DO OPEN TRANSABDOMINAL VVF REPAIR

A 48 year old female had history of hysterectomy done in September 2021 @ Amroha (U.P), after which she developed urinary incontinence- leakage of urine from the vagina at the time of Foley's removal post surgery.

She was then diagnosed with vesicovaginal fistula for which she underwent open transabdominal VVF repair, but the surgery was a failure. She then presented to RG Gagan Vihar for further treatment.

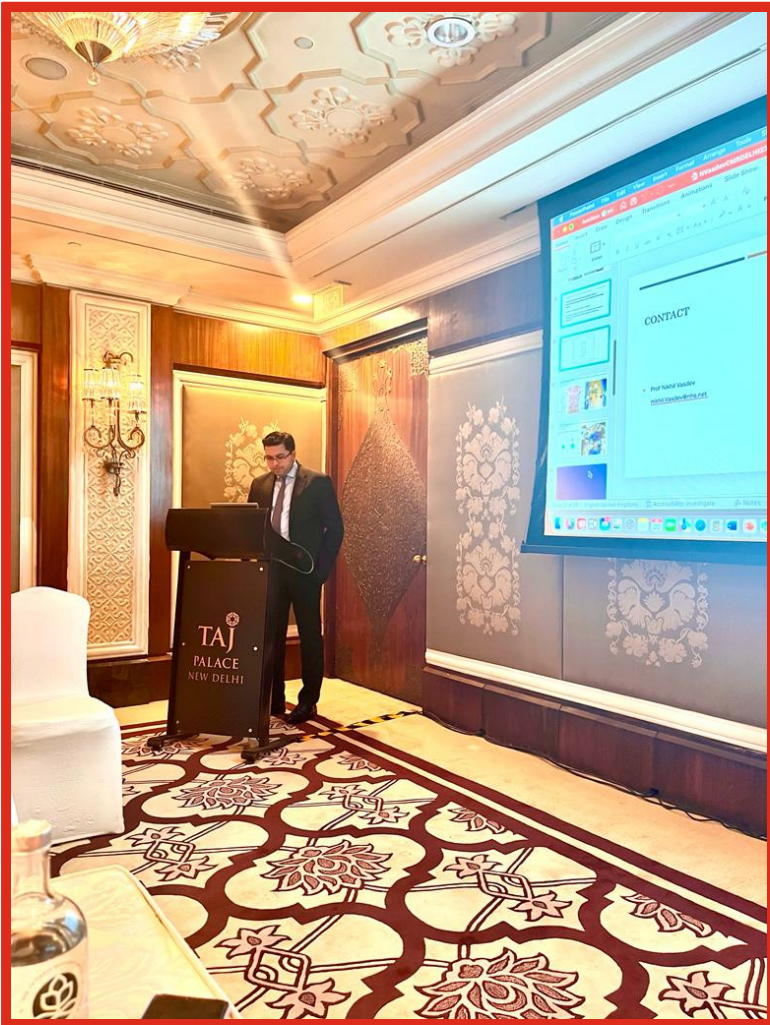
On examination the patient was found to be anemic and was transfused with a total of two units blood prior to surgery. Fever was controlled with proper antibiotic coverage.

Our surgical team of doctors in which Dr. Manoj Jain, Dr. Ajay Aggarwal and Dr. Nitin Sharma planned for Open Transabdominal VVF Repair(Re-do) with Omentum Interposition under G.A. Intra operatively a fistula 1x1 cm was seen in the post wall of the bladder ~ 3-4 cm from left ureteric orifice.

Dense adhesions seen in the pelvis due to previous surgery. The surgery was a success and the patient responded well post operatively and was discharged in a satisfied and stable condition.

# SYMPOSIUM ON ROBOTICS IN UROLOGY

DELHI



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# WOMEN'S DAY CELEBRATION

 HEAD OFFICE



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RAJOURI GARDEN



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NOIDA



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MULUND, MUMBAI



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 KHAR, MUMBAI



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KOLKATA



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CHENNAI



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# WOMEN'S DAY CELEBRATION



## Facilitating and celebrating The pink force :

Goa's all women police force led by Inspector Reshma Shirodkar (PI) Incharge of Pink Force

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## LOKMAT NEWSPAPER



आरजी हॉस्पिटलने गोवा पिंग फोर्ससोबत जागतिक महिला दिन साजरा केला. यावेळी पिंग फोर्स आणि पिंग टिमच्या प्रमुख पोलीस निरीक्षक रेश्मा शिरोडकर प्रमुख पाहुण्या म्हणून उपस्थित होत्या. तसेच आरजी हॉस्पिटल गोवा युनिट प्रमुख डॉ. अंजुम महाबारी यांच्यासह डॉ. शर्मिला, डॉ. पूनम, डॉ. सोनिया, डॉ. निमिशा दुकळे आदी उपस्थित होत्या. हॉस्पिटलच्यावतीने महिलांच्या सुरक्षेसाठी पिंग फोर्सला यावेळी वाहन प्रदान करण्यात आले.

## GOMANTAK NEWS



### 'आरजी' हॉस्पिटलमध्ये महिलादिन

पणजी, त्ना. १४ : पर्वरी येथील आरजी हॉस्पिटल यांच्यातर्फे आंतरराष्ट्रीय महिलादिन उत्साहात साजरा करण्यात आला. इम्प्लिमेंटेशनल डॉक्टर, महिला आरोग्य कर्मचारी आणि महिला पोलिस यांच्या सहभागाने या कार्यक्रमाचे आयोजन करण्यात आले. या कार्यक्रमाच्या प्रारंभी हॉस्पिटलच्या गोवा युनिट प्रमुख डॉ. अंजुम महाबारी व महिला पोलिस निरीक्षक रेश्मा शिरोडकर यांनी उपस्थितांचे स्वागत केले. पिंग फोर्स महिलांच्या सुरक्षेसाठी सदैव तत्पर असल्याचे यावेळी रेश्मा शिरोडकर यांनी सांगितले. यावेळी आरजी हॉस्पिटलच्या कन्सल्टंट डॉ. शर्मिला, डॉ. पूनम, डॉ. सोनिया, डॉ. निमिशा दुकळे, डॉ. गिल, डॉ. शैलेश हेदे, आदी उपस्थित होते.

## TARUN BHARAT



### आरजी हॉस्पिटलतर्फे महिलांसाठी वाहन प्रदान

प्रतिनिधी पणजी आरजी हॉस्पिटल गोव्यातील अग्रगण्य हॉस्पिटल यांनी महिला दिवस वेगळ्या पद्धतीने साजरा केला. आरोग्य व पोलीस विभाग एकत्र येऊन महिला दिवस साजरा करण्याची पहिली वेळ होती. कार्यक्रमाच्या प्रमुख पाहुण्या पोलीस निरीक्षक रेश्मा शिरोडकर यांचे डॉ. अंजुम महाबारी यांनी स्वागत केले. महिलांच्या वेगवेगळ्या समस्या निरसन करण्यासाठी समक्यांनी जागरूक राहिले पाहिजे. पिंग फोर्स चौवीस तास महिलांच्या रक्षासाठी उपलब्ध असल्याची खात्री पिंग फोर्सच्या प्रमुख रेश्मा शिरोडकर



आरजी हॉस्पिटलतर्फे महिलांसाठी वाहन यांनी दिली. या कार्यक्रमाला आरजी हॉस्पिटलचे मुख्य डॉ. अंजुम महाबारी, सोबत डॉ. सोनिया, डॉ. शर्मिला, डॉ. पूनम, डॉ. निमीशा, डॉ. गिल, डॉ. शैलेश हेदे, डॉ. अफजल व आदी मान्यवर उपस्थित होते. या कार्यक्रमाच्या निमित्ताने महिलांचे सुरक्षेसाठी प्रसार कल्प्यासाठी आरजी हॉस्पिटल पुढाकार घेतून अशी भावना डॉ. अंजुम महाबारी यांनी व्यक्त केली. त्याचे उद्घाटन उपस्थित बहुजनने केले. महिलांच्या सुरक्षेसाठी प्रचार व प्रसार कल्प्यासाठी आरजी हॉस्पिटल पुढाकार घेतून अशी भावना डॉ. अंजुम महाबारी यांनी व्यक्त केली.

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## VISIT TO OLD AGE HOME

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## MEHENDI, HAIRSTYLE AND COOKING COMPETITION

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## FELICITATION OF

Mr. Rahul Deb Barman By Dr. Arindam Dutta

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## ON THE DICE

Mr. Dibyendu Barua, Mr. Suman Baneerjee and Ms. Papiya Adhikari

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## LAMP LIGHTING CEREMONY BY

Hon'ble Chief Justice Samaresh Banerjea | Ms. Ritu Parna | Mr. Rahul Deb Barman | Ms. Bulbuli Panja

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DR.GIRIJA R VARIER

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## INFO INDIA HINDI DAILY

कोलकाता में हुआ 'वॉक फॉर हेल्थ' का आयोजन, हस्तियों ने लिया हिस्सा





## THE ECHO OF INDIA KOLKATA

## ARTICLE LIPI BENGALI NEWSPAPER

# WALKATHON 2022: Walk for health organized

EOI CORRESPONDENT

KOLKATA, MARCH 13/--/Kolkata, the city of joy witnessed a programme called 'WALKATHON 2022' to commemorate World Kidney Day. The event was hosted by R G Stone Urology & Laparoscopy Hospital on Sunday, resounding a slogan 'walk for health', sources informed. The event was flagged off from Selimpur, Dhakuria and concluded at Vivekananda Park, Southern Avenue,



sources informed.

Apart from the scores of participants belonging to different cross section of people many dignitaries, celebrities, viz. Justice Samaresh Banerjee, actress Papiya Adhikari, Chess player Grand Master Dibyendu Barua, Musician Sidhu of Band Cactus, Actress Bulbuli Panja, Actor Suman Banerjee, Actor Rahul Burman, MIC Debashis Kumar, Councilor Madhuchhanda Dev etc took part in the initiative and graced the occasion also with their august presence, sources said.

## স্বাস্থ্যের জন্য হাঁটা কর্মসূচির আয়োজন



স্টাফ রিপোর্টার : বিশ্ব কিডনি দিবস উপলক্ষে কলকাতায় ওয়াকাথন ২০২২-এর আয়োজন করা হল। রবিবার এই কর্মসূচির আয়োজন করেছে আরজি স্টোন ইউরোলজি ও ল্যাপারোস্কপি হাসপাতাল।

এদিন তাদের স্লোগান ছিল সুস্বাস্থ্যের জন্য হাঁটা। পতাকা নেড়ে এই কর্মসূচির সূচনা হয় ডাকুরিয়ার সেলিমপুর থেকে। অ্যাভিনিউ-এর বিবেকানন্দ পার্কে এই কর্মসূচি শেষ হয়। ১০০ বেশি প্রতিযোগী এই কর্মসূচিতে অংশগ্রহণ করে।

তার মধ্যে ছিল সমাজের বিভিন্ন স্তরের মানুষ। উপস্থিত ছিলেন বিচারক সমরেশ বন্দ্যোপাধ্যায়, অভিনেত্রী পাপিয়া অধিকারী, গ্র্যান্ডমাস্টার দিবেন্দু বরুয়া, সঙ্গীত শিল্পী সিধু, অভিনেত্রী বুলবুলি পান্জা, অভিনেতা সুমন বন্দ্যোপাধ্যায়, অভিনেতা রাখল বর্মন, কাউন্সিলার দেবাশিস কুমার ও কাউন্সিলার মধুচন্দ্র দেব। হাসপাতালের বিজনেস ইউনিট হেড শশাঙ্ক দাস জানিয়েছেন, ভবিষ্যতেও এই ধরনের সামাজিক কর্মসূচি আরও আয়োজন করা হবে।



# WALKATHON

KOLKATA



## TOI BENGALI VERNACULAR

## YUGASANGHA BENGALI NEWSPAPER



এই সময় সংবাদপত্র এবং আর জি  
স্টোন ইউরোলজি অ্যান্ড ল্যাপারোস্কপি  
হাসপাতালের উদ্যোগে ওয়ার্ল্ড কিডনি  
ডে উপলক্ষে একটি 'ওয়াকাথন'-এর  
আয়োজন করা হয় রবিবার। চারশো  
জন অংশগ্রহণ করেন এ দিনের এই  
'ওয়াকাথন'-এ। শরীরের সুস্থতার জন্য  
হাটহাটের উপকারিতার কথা উঠে আসে  
এ দিনের অনুষ্ঠানে — এই সময়

বিশ্ব কিডনি  
দিবসে আরজি  
স্টোনের পদযাত্রা



কলকাতা: বিশ্ব কিডনি দিবস  
উপলক্ষে ভারতের সর্ববৃহৎ  
শাখাবিশিষ্ট 'আরজি স্টোন  
ইউরোলজি অ্যান্ড লেপারোস্কপি'-  
র উদ্যোগে 'ওয়াকাথন' শীর্ষক এক  
বর্ণাঢ্য পদযাত্রার আয়োজন করা  
হয়েছিল। আরজি স্টোনের যোধপুর  
পার্ক শাখার সামনে থেকে পদযাত্রা  
শুরু হয়ে শেষ হয় বিবেকানন্দ  
পার্কে। পতাকা নেড়ে পদযাত্রার  
সূচনা করেন বিধানসভার সদস্য  
দেবশিশু কুমার, চিত্রাভিনেতা  
সুমন-সহ দূরদর্শন, ফিল্ম ও ক্রীড়া  
জগতের বিশিষ্টজনেরা। এই  
পদযাত্রায় স্বতঃস্ফূর্তভাবে অংশগ্রহণ  
করেছিলেন চারশোরও বেশি মানুষ।  
পুরো অনুষ্ঠানটি পরিচালনায় ছিলেন

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# CME-NIMA

 NOIDA



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# MDMPA 30<sup>th</sup> ANNUAL CONFERENCE

KHAR



## Mahim Dharavi Medical Practitioners Association



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# CRICKET MATCH

LUDHIANA



## RG XI Ludhiana Defeated IMA Ludhiana By 5 Wickets.



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# LIVE SESSION



## A BIG THANK YOU TO YOU ALL FOR YOUR OVERWHELMING RESPONSE TO OUR LIVE INFORMATIVE SESSION URINARY BLADDER CANCER AND ITS ADVANCED SURGICAL MANAGEMENT

19<sup>th</sup> FEBRUARY 2022  
Saturday  
at 12 PM



WORLD  
CANCER DAY  
4 FEBRUARY



### Reach

The number of people who viewed your post.

3,488

Organic

0

Paid

3,488

Total

### Reactions, comments and shares

The number of people who took action on your post.

77

Reactions

19

Comments

26

Shares



**Dr. BARUN SAHA**  
MS (Surgery), MCh (Urology)

## A BIG THANK YOU TO YOU ALL FOR YOUR OVERWHELMING RESPONSE TO OUR LIVE INFORMATIVE SESSION GALL BLADDER CANCER AND ITS ADVANCED SURGICAL MANAGEMENT

19<sup>th</sup> FEBRUARY 2022  
Saturday  
at 2:30 PM



WORLD  
CANCER DAY  
4 FEBRUARY



### Reach

The number of people who viewed your post.

3,289

Organic

0

Paid

3,289

Total

### Reactions, comments and shares

The number of people who took action on your post.

90

Reactions

34

Comments

22

Shares



**Dr. PALLAB SAHA**  
MS (Surgery), DLO (GALLBLADDER SURGERY)  
(COMBINATION) & DLO (GALLBLADDER SURGERY) (LAPAROSCOPIC)

## A BIG THANK YOU TO YOU ALL FOR YOUR OVERWHELMING RESPONSE TO OUR LIVE INFORMATIVE SESSION PROSTATE CANCER AND ITS ADVANCED SURGICAL MANAGEMENT

18<sup>th</sup> FEBRUARY 2022  
Friday  
at 4 PM



WORLD  
CANCER DAY  
4 FEBRUARY



### Reach

The number of people who viewed your post.

1,684

Organic

0

Paid

1,684

Total

### Reactions, comments and shares

The number of people who took action on your post.

67

Reactions

9

Comments

7

Shares



**Dr. SUSHEEL KHARBANDA**  
MS, DNB (Urology)

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## OUR CENTERS

### EAST OF KAILASH

F-12, East of Kailash,  
New Delhi-110065  
Ph.: 011-71056000

### PITAMPURA

194-195, Deepali Chowk,  
Pitampura, New Delhi-110034  
Ph.: 011-71057000

### GAGAN VIHAR

18, Gagan Vihar Main,  
Delhi-110092  
Ph.: 011-71011000

### RAJOURI GARDEN

B-1, Vishal Enclave,  
Opp. Police Station,  
Rajouri Garden,  
New Delhi-110027  
Ph.: 011-71058000

### MODEL TOWN-ORC

B-12, Derawal Nagar,  
Model Town II,  
New Delhi 110009  
Ph.: 011 42430300

### JANAKPURI-ORC

92A, Major P.Srikumar Marg,  
Block C2B, Janakpuri  
Ph.: 011 49865868

### FARIDABAD

A-6, Nehru Ground,  
Neelam Bata Road,  
N.I.T Faridabad-121001  
Ph.: 0129-4184000

### NOIDA-ORC

D-82A, Maharaja Agrsen  
Marg, D-Block, Sector-26,  
Noida, UTTAR PRADESH-201301  
Helpline: 9810026456

### LUDHIANA

510-L, Model Town  
LUDHIANA-141002  
Helpline: 995360222

### KHAR, MUMBAI

Ahimsa Marg, 14-A Road  
Khar (West),  
Mumabi-400052  
Ph.: 022-61463500

### MULUND, MUMBAI

RG Stone Urology &  
Laproscopy Centre  
Valiji Ladha Road,  
Mulund (West)  
Mumbai 400080  
Ph.: 022 25675012/14

### GOA

CVC Centre, Plot No. 217-218,  
PDA Colony, Panjim-  
Mapusa Highway, Bardez,  
Alto Porvorim, Bardez,  
Goa-403521  
Helpline: 0832-6640664

### KOLKATA

Kolkata Orbit Heights,  
Opp. Jodhpur Park,  
33 Gariahat Road (south)  
Kolkata-700031  
Ph.: 033-40271000

### CHENNAI

391- 392, Anna Salai,  
Saidapet, Opp. Bus Stand  
Chennai-600015  
Ph.: 044-43993600



## OUR SPECIALITIES

### UROLOGY

- Urinary / Kidney Stone
- Enlarged Prostate (BPH)
- Ureteric Stricture
- Urethral Stricture
- Erectile Dysfunction
- Male Infertility

### GYNAECOLOGY

- Uterine Fibroids
- Uterus Prolapse
- Ovarian Cysts
- Endometriosis
- Ectopic Pregnancy
- Female Infertility
- Sterilization
- Cosmetic Gynaecology

### FEMALE UROLOGY

- Female Urinary Incontinence
- Vesico Vaginal Fistula
- Overactive Bladder
- Post Delivery Urinary Problems
- Interstitial Cystitis
- Voiding Difficulty
- Urinary Tract Infections
- Painful Bladder Syndrome
- Neurogenic Bladder
- Female Sexual Dysfunction

### UROLOGICAL MALIGNANCIES

- Kidney Cancer
- Prostate Cancer
- Urinary Bladder Cancer

### MINIMALLY INVASIVE SURGERY

- Gall Bladder Stone
- Hernia Repair
- Appendicitis
- Piles

### ROBOTIC & NEXT GEN SURGERY

- General Procedures
- Urology Procedures
- Gynaecology Procedures
- Colorectal & Upper Gi Procedures
- Bariatric Procedures

### BARIATRIC SURGERY

- Obesity/Metabolic Syndrome
- Uncontrolled Diabetes